	Establishment/Department	Establishment Risl	K	RA100
		Assessment		
	Address:			
Covid-19 boxing members numbers from June 2020			King	gs 1

IMPORTANT – please read this information before completing this risk assessment.

This is a model risk assessment and **MUST be adapted to reflect the significant hazards and control measures present** in your site to allow the safe return of users to your gym. This is a live document and it must be continuously reviewed alongside the latest Covid-19 government guidance. It must also be read alongside existing risk assessments and health and safety arrangements for your gym.

The control measures listed **are prompts** and will not necessarily reflect those in all establishments and you **MUST** adapt it by adding (or removing) **and outlining in detail the control measures as appropriate to your establishment.**

If you need help with this risk assessment telephone the Devon Health & Safety Service on 01392 382027.

Please report **suspected or confirmed cases of COVID-19** to the local **Public Health England (PHE) Health Protection team** on **0300 303 8162 (press Option 1, Option 1).** This will enable you to discuss the outbreak control measures that are needed and the information to be communicated to others.

Person(s)/Group at Risk	Date assessment completed:
Volunteers, boxers, Visitors and Contractors	<mark>24 06 20</mark>
	This document is to remain under constant review due to the fast- changing nature of DfE / Government guidance in response to the challenges posed by Covid-19.
Return to gym risk assessment – based on the principles and guidance contained within DfE	Assessor(s):
Guidance: Coronavirus (COVID-19): implementing protective measures in sports and childcare settings (15 May 2020)	
This risk assessment is generic and each gym is responsible for reviewing and amending to ensure it is applicable to their setting. This risk assessment should be read alongside DCC guidance document C-19, checklist C-19 and the latest government guidance: https://www.gov.uk/government/collections/coronavirus-covid-19-guidance-for-schools-and- other-educational-settings	
General guidance on completing risk assessments is available at arrangements note HS47.	
Updates:	

Significant Hazard Section	Control measures in place Additional measures or actions not included in this column below should be put in the assessor's recommendations at the end of this document
Movement of persons around the gym	
Entrance and egress to gym site causing large groups of people inside gym grounds compromising social distancing.	 The gym has 4 main areas and toilets. Boxers, staff and any visitors will wash hands as per signage upon arrival before entering the gym Staff will enter and leave the gym before and after boxers arrive and leave.
	 Boxers numbers are such (initially approx. 2 per area) that entrance/exit points will not be overloaded.
	 A member of the team will be allocated to each gym point, prompt to use hand washing and help ensure that social distancing is adhered to.
	 Markings on the floor outside have been put to show appropriate places to stand should more than one parent/carer and boxer arrive at the same time
	 As more boxers/users begin to access the site we will then stage start and finish times.
	 Parents will be informed to inform them of any issues or changes
	It is the duty of each and every person to keep safe, stay within guidelines and be hygienic
Parents gathering and social distancing	 The gym has checked to confirm how boxers are travelling to the gym.
	 Parents/carers will be informed if we cannot open on time Where a parent/carer needs to collect a boxer an allocated place is suitably marked ensuring social distancing, again parents are informed of this.
Overcrowding in gym.	The gym has 4 training areas for safe distancing
	 It is recommended that boxers remain at a safe distance at all times.
	 Each room's capacity has been assessed with regards to how many people can be in there whilst following social distancing.
	 Rooms layouts have been altered so all boxers keep 2 meters apart.

	Each area has a max capacity of 6 people per area at one time.
	 Capacity of the gym will not be exceeded. If needed the gym will put in a staggered timetable for boxers who can be looked after safely.
Increased numbers during breaks compromising social distancing.	 Each area have their breaks in their allocated session to avoid larger mixing With an increase in boxers breaks will be staggered.
Increased numbers during training compromising social distancing.	 Boxers will access equipment and avoid sharing items as best possible Staff will have access to all areas as directed or needed. If needed work-out times will be staggered so that social distancing can be maintained. Areas where boxers are using will be wiped down/disinfected after use
Spread of virus due to increased numbers of people within the gym.	 Parents and visitors will not access the main gym site unless in exceptional circumstances. Staffing has been arranged so that only those needed to support boxers and ensure the safety are on the gym's main site. All volunteers have all completed or be made aware of infection prevention and control training and will follow all guidance to minimize the spread of the virus. Maintenance or trades people who have to access the site on occasion will only do so when absolutely necessary, non-essential work will be only undertaken on site when boxers have gone or when closed.
Inadequate social distancing measures leading to spread of the virus.	 Each group have consistent coaching The timetable has been altered All staff have received the necessary governmental guidance with regards to social distancing. Any changes to this guidance, pertinent to the club, will be shared with users. Students will be supported to understand why we need to adhere to social distancing and supported to follow social distancing.
Premises related matters	

Changes to building use being safe for all	The gym has been split into 4 areas, plus toilets/hand washing facilities, entrances/exits
attending – e.g. storage, one-way systems, floor tape.	 The layout of each room may be altered to ensure social distancing can take place.
	 Each room has had items moved into storage to allow for ease of cleaning and to prevent the unsupervised access to resources.
	 Each corridor has floor signs to help support social distancing.
	 Boxers will have fire evacuations explained to them taking into consideration what to do should their allocated entry/exit point and to ensure social distancing during roll call.
	 Each room has quick access to equipment to ensure areas are cleaned as needed.
First Aid procedures – Reduced numbers of first aiders and Paediatric first aider.	 A member of first aid trained team will be available at all times.
	 PPE is available for the member to wear when undertaking first aid if social distancing can not be adhered to.
Fire Procedures	 On returning to the gym staff will have fire evacuations re-explained to them taking into consideration what to do should their allocated entry/exit point was to be blocked and to ensure social distancing during roll call
	 On returning to the gym boxers will have fire evacuations explained to them taking into consideration what to do should their allocated entry/exit point and to ensure social distancing during roll call.
Water hygiene – management of legionella	 The maintenance has, and continues to follow guidance re: water and hygiene over the period that the gym has been accessed by a very limited number of users. We were inspected and not due for another 12 months
Using and monitoring new practices to	 Governmental guidance is followed by the gym
reduce risk of Covid-19 transmission	• Volunteers are updated about changes to guidance and ensure these changes are used to update practice.
	 Anyone is able to update or review the copy of the risk assessment.
	The updated risk assessment will be read and signed for by all staff accessing the site.
	 The understanding of Infection Prevention and Control is mandatory for all, with all having completed it before accessing the main site.
	 Important government guidance is shared on-line before accessing any sites, including: Safe Working in the workplace, Childcare and Children's Social Care Settings including use of

	 PPE. Staying Alert and Safe Social Distancing Cleaning in Non-Health Care Settings.
	 You will undertake practical to be advised for donning and doffing PPE.
	• A member of the team will be onsite at all times to undertake remedial actions and support as needed.
	 All will have weekly feedback to discuss concerns or issues
	 All are encouraged to share concerns and issues as they arise.
Management of premises related risks e.g.	All statutory tests are currently up to date
asbestos, delayed statutory testing <i>(LOLER)</i>	 Maintenance to advise if there are any statutory tests that are due over the summer and any due over the autumn that can be undertaken during the summer holidays
Sharing rooms and offices to comply with social distancing and safe working practice	 All rooms used on the main site have been adjusted so that it allows for social distancing
Social distancing and sale working practice	 The number visitors who are not undertaking direct contact in the gym will be requested to wait outside so that we minimise footfall across the site.
	 The vast majority of users will be aware of risks and Covid-19 and should only attend if healthy.
	 Disinfecting arrangements have been increased so all areas are sprayed more frequently and follow the guidance of hygiene.
Ventilation to reduce spread	 All users area aware and will follow the guidance to increase ventilation by opening doors to rooms to reduce the spread of the virus.
	The gym has doors that can be opened.
	 Guidance is provided to prompt users to use ventilation.
	 Doors in the corridors at the main site are kept open and if the fire alarm goes off.
	 All are aware and will follow guidance to prop doors open.
	 All are aware and will follow guidance to close propped open doors as they leave the building in the event of the fire alarm going off.

	 Mechanical ventilation systems are needed and therefore may be in use.
Management of waste	Put any waste in the black bin liners
	 All sharps to be contained in a sealed bag and incinerated
	 There is an outside allocated area for the storage of any waste in the case of a someone displaying COVID-19 symptoms where it can be kept for 72 hours before disposal.
Activities to take place outdoors in line with social distancing.	 Each area has an allocated space for outdoors lessons and activities.
social distancing.	 All boxers and volunteers prior to coming on site have read and will follow the guidance Staying Alert and Social Distancing. Sign or verbally agree with senior coach or committee member.
	 Additional resources will be provided to support outside activities. Water and towels are not provided
Cleaning and reducing contamination	Be alert and keep areas clean or notify members to use disinfectant and cleaning products if required.
Contaminated surfaces spreading virus.	 All rooms and other environments have had unnecessary items put in storage areas o lower risks
	 All rooms have had shared gloves and head-wear removed
	 All shared resources have been reduced to only the necessary items and will be cleaned/disinfected after use or before given to another to user.
	 All volunteers and boxers will read and will follow Safe Working in the workplace, Childcare and Children's Social Care Settings including use of PPE.
	 All users, before coming on site, will be given guidance on what to do should someone display COVID-19 symptoms.
	 Emergency first-aid box with the required PPE are available on-site and a qualified first-aid person give quick access to users should a gym user become unwell with COVID-19 symptoms.
	 All gym users as part of their reorientation on coming back to site will watch the PHE guidance Donning and Doffing PPE and rehearse doing this with PPE.
	 There is no 'quarantine room' for users, if any symptoms you will be required to await collection or leave the gym instantly should any person display symptoms of COVID-19 or any related illnesses.
	 There are simple instructions to donning and doffing PPE guidance available to support Staff.

Using equipment – multiple-use	 Shared resources have been minimised.
	 All gym users have immediate access to disposable cleaning clothes, cleaning spray and antibacterial wipes.
	 All users should be aware that resources must be cleaned after use or before being shared by another person.
Shared resources and equipment increasing spread	 Also see steps above.
	 Each student must have their own gloves and equipment such as skipping rope.
	 Each member has their personal items, no shared towels or bottles etc
	 The punch bags are systematically disinfected using a brand safe within UK standards
	 Cleaning arrangements have been increased so all areas are cleaned more frequently and following guidance of Cleaning in Non-Healthcare Settings.
Cleaning and hygiene contractor's capacity - providing additional requirements	 The users and Head of the gym have gone through Cleaning in Non-Health care settings and followed it's guidance as best possible
	 The members purchasing the cleaning materials for the gym are aware of and follow the guidance about suitable cleaning materials.
	 The gym currently has adequate supplies of cleaning materials.
	 A member of the team has been identified to purchase should PPE and cleaning items run out etc, they may have received an induction of the steps they would need to follow in this situation
Sufficient hand-washing facilities for all gym users	 Everyone will, as needed and according to the risk assessment, will wash their hands before entering the gym.
	 Each toilet has handwashing facilities allocated to them
	 Each handwashing facility has signage to prompt users to wash their hands.
	 Each member of the team is aware of the key points of the session when handwashing is needed and will prompt and support boxers accordingly.
	 Hand sanitiser and signage is available at the three sink areas.

Additional time and staggering for users to carry out handwashing	 Sufficient time is available to carry out handwashing as and when needed, staggered to avoid contact.
Handwashing practice with children	 All helps/volunteers will share relevant information, according to a given users needs about COVID-19 and how to minimise risk. This will include hand-washing practice where needed
	 All gym users are verbally assessed with regards to their ability to satisfactorily wash their hands.
Sufficient supplies of soap and cleaning products	 The gym currently has sufficient supplies of soap and cleaning products.
	 The COSHH standards have been updated with regards to the products currently in use
Toilets being overcrowded	 The gym has allocated male/female toilets these can act as changing rooms.
	 All users should be aware of the need to avoid any queueing for toilets and therefore prompt throughout the session.
	 Toilets are cleaned regularly and stocks of liquid soap and tissues are checked and replenished as and when.
Adult related issues	If any adult not training s any issues related to Covid-19 or health issues it would be best to avoid attending the gym to minimise risks
Inadequate training for volunteers on completion of RA for covid-19 return leading to anxiety and lack of the	 Guidance, risk assessment and checklist provided to on-line, Gov, H&S, Schools DfE Helpline and resources, access to support via internet information.
reassurance needed for members	 Government guidance referred to frequently by governing bodies or local health authority which informs procedures.
Insufficient helper capacity to deal with increased numbers of boxers - Shortage of	 Helpers/coaches/boxers ratios are constantly monitored.
helpers to maintain ratios	 Additional help should be minimised.
	 Adjustments will be made according to volunteer availability to supervise numbers
	 The Club and members have undertaken risk assessments and is aware of those who are clinically vulnerable and extremely clinically vulnerable (or is a carer for someone who is extremely clinically vulnerable) and follows the guidance for these groups. They should avoid coming to the gym until further notice.
	 If there are any shortages of Tutors, then Learning Support Assistants can be allocated to lead a group, working under the direction of a Tutor.

Anxiety levels of staff and community	Club volunteers and committee members are able to assist with weekly check-ins.
causing breakdown in coaches/helpers	 All gym users are prompted to discuss any concerns or anxieties
ratios, compromising group sizes.	 All gym users are prompted to discuss any concerns or anxieties.
	 Where a member of the boxing club/gym raises concern about retuning then a call to talk in detail about this concern and steps are taken to support, where possible and in line with H&S advice.
	Updates and plans have been shared with helpers.
	 On returning to the gym volunteers will have a brief meeting to reacquaint them with the site, to see the changes made and discuss the new processes in place and any further updates.
	 A member of the team is always on site to discuss any users who have concerns, arranging meetings/actions as needed to help resolve these concerns.
Understanding of new changes – safe practice in the gym. Coaching in a safe environment	 Relevant government guidance is shared on-line before any users can come on-site and continued to be shared as needed.
environment	 Relevant College guidance is shared with staff before they come on site and continued to be shared as needed.
	• Changes to processes are shared with all users before they come into the gym or upon arrival.
Accessing testing arrangements are clear for all users	 All users should be aware via sharing information through email and Government guidelines to access testing which is available to all essential workers <u>https://www.gov.uk/apply-coronavirus-test</u>
Conditions for use of fluid resistant face mask and other equipment when dealing with a symptomatic child are clear and	 All members should before coming in the gym read Safe Working in the workplace and Childcare Settings and Children's Social Care Setting including the Use of PPE.
understood by helpers.	• All members have viewed the guidance extract in this risk assessment (see below):
	'If a child, young person or other gym user becomes unwell with symptoms of coronavirus while in their setting and needs direct personal care until they can return home a face mask should be worn by the supervising adult if a distance of 2 meters cannot be maintained.
	If contact with the child or young person is necessary, then gloves, an apron if available and a face mask should be worn by the supervising adult.
	If a risk assessment determines that there is a risk of splashing to the eyes, for example from coughing, spitting, or vomiting, then eye protection should also be worn (Safety glasses) Ensuring that fluid resistant face masks are available for all schools and that a supply is maintained.'

Assessment of all users, including high risk staff with vulnerable/shielding family member, underlying health conditions or other risk factors	 The Club has undertaken risk assessments and is aware of those members who are clinically vulnerable and extremely clinically vulnerable as well as those who are carers for people who are extremely clinically vulnerable and follows the guidance for these groups.
Use of PPE	 Steps taken to support and mitigate this risk previously mentioned in sections above and includes. Access to guidance. Availability of PPE. Training of correct use of PPE.
Use of PPE Lack of understanding	 As noted above.
Dealing with suspected and confirmed cases / cases	As noted above.
Cases / Cases	 The gym will ensure that accurate records are maintained to enable public health contact tracking and test regimes if required.
Boxer related issues	Sweat and bodily fluids are more likely to be passed and come into contact, lowering the risk by keeping safe distances.
Vulnerable groups who are clinically, extremely vulnerable.	 The gym will communicate with parents/careers when undertaking risk assessment to confirm or not if members of their household are clinically vulnerable or extremely clinically vulnerable.
	 Guidance has been followed so that: Users who are extremely clinically vulnerable do not attend the gym. Anyone who is clinically vulnerable and/or live with someone extremely clinically vulnerable or clinically vulnerable to seek medical advice, and share this medical advice with the club before returning on-site.
Children with any additional needs	 All users may have a risk assessment updated at any point and be provided with relevant information.
	 All boxers returning to the gym should have a specific COVID-19 risk assessment undertaken prior to returning.
Users unable to follow guidance	 Each user is verbally and can be discussed with parents if risk assessed against their ability to follow guidance.
	 Users must read and follow any risk assessments which give guidance on the support levels needed i.e. verbal prompting, physical assistance.
	 Any supervisors/volunteers to know how to pass on concerns further to the risk assessment promptly should they arise.

Travel to the gym and provision of safe transport:	 Prior to returning to the gym a member of team undertakes a risk assessment which identifies how a user arrives/travels to and from the gym. As far as possible boxers will not use public transport unless wearing a facemask, in the rare cases where this happens the Club ensures boxer and families are aware of the governmental guidance on using public transport.
Transport	
Transport	 'If a child is awaiting collection, they will be moved to a room where they can be isolated behind a closed door, depending on the age of the child and with appropriate adult supervision if required. Ideally, there should be ventilation. If it is not possible to isolate them, move them to an area which is at least 2 metres away from other people. Allocate a suitable room for this purpose and communicate intentions to volunteers. Ensure suitable PPE (including fluid resistant face mask) is available at this location'.
Member of a gym becoming unwell with COVID-19	 Details are identified throughout the risk assessment with regards to steps we will take should a member display COVID-19 symptom. These include: Identified quarantine spaces for each hub. Accessibility to cleaning and PPE equipment. Confirmation of arrangements with parents/carers should a user display symptoms. Sharing of the guidance in this risk assessments (see below):
Specific issues for children understanding social distancing	 Although not early years a number of boxers will have difficulties to comprehend and follow social distancing, this has been considered and the steps noted throughout this risk assessment will help to mitigate this risk including: High level of support. Resources to support understanding. Continued focus on the need for high standards or personal and environmental hygiene.
	 Discussions are then made with appropriate parties (families/carers, coach, committee member) on how best to support the user to mitigate risk and review the continued attendance of a given boxer. Additional processes to mitigate risk have already been mentioned in the risk assessment and include: Splitting/sweating. Keeping safe as consistent as possible. Availability of cleaning equipment.

	 If a user comes to the gym in a taxi or by someone not in their household then the Club should contact the taxi firm/parent to confirm they are following governmental guidance. 		
	The main site has areas free so that users can be dropped off and collected as quickly as possible.		
Transport arrangements	 If the gym needs to alter times for specific boxers to train then parents/carers will be pre-warned so they can make arrangements with transport. 		
Provision of food			
Kitchen facilities comply with latest Covid19 guidance to reduce risk of infection/contamination	 Guidance is already followed to ensure that the kitchen facilities are to kept to a good standard of hygiene through complying with the necessary procedures. Additional steps to the kitchen facilities have been made and include: Assessing the capacity of the kitchen putting up appropriate signage. Limiting the total number of people to three that can access the main kitchen and wash area Food is not brought to the gym Individual condiment sets are given to each student with their meal and cleaned after use. Cartons of drinks are disposed of safely. 		
Food that is able to be prepared on premises is compliant with Covid - 19 health and hygiene guidance	 Food is prepared off of the premises Food is heated on the premises and follows all relevant guidance. 		
Communications with parents and others	Mobile and contact details are required		
Parents, contractors and other users entering or working in the building –gym are complying with external requirements for users safety	 Signage is at the entrance to all parts of the gym clearly states not to come on site with COVID-19 symptoms or if COVID-19 symptoms are in their household. Parents, carers or any visitors, such as suppliers, will not enter the main site unless in an emergency or when users have gone home. When we get to the point of allowing visitors at the gym these will be prearranged and a risk assessment update, to include confirmation that no one in the household has COVID-19 symptoms in 14 days and the visitors ability to correspond to governmental guidance on social distancing and hygiene. 		
Suppliers understanding and complying with new arrangements	 Delivers and post to the gym has been redirected to deliver outside if needed 		

Communications to parents and helpers	 There are regular communications with parents/carers including: Emails/ca;;s and Facebook to parents updating them on the situation at the gym. Fortnightly check-ins by a member of team to risk asses with parents/carers of users undertaking Weekly phone calls by Personal Tutors to check-in with parents/carers of students undertaking boxing at home once registered.
Parent aggression due to anxiety and stress.	 As above. Parents/carers receive information about updated procedures to the gym including: their allocated drop off and collection times the process for doing so including protocols for minimising adult to adult contact.

Assessor's Recommendations - Additional Control Measures or Actions				
Section	List Actions / Additional Control Measures	Date action to be carried out	Person Responsible	

Signed: Head of gym:

Date: 24 06 20

The outcome of this assessment should be shared with the relevant volunteers and users.

A copy of the completed assessment to be kept on file and copied to the Health & Safety Co-ordinator.